



Adopted Clinical Practice and Preventive Health Guidelines

Condition/Disease	Guideline Title	Recognized Source	URL	Review/ Approval Date
Medical				
Adult Preventive Care	American Cancer Society Guidelines for the Early Detection of Cancer (Revised March 2015)	American Cancer Society (ACS)	http://www.cancer.org/Healthy/FindCancerEarly/CancerScreeningGuidelines/american-cancer-society-guidelines-for-the-early-detection-of-cancer	Jun-15
	Morbidity and Mortality Weekly Report (MMWR)(Last updated July 9, 2015)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/mmwr/	Jul-15
	U.S. Preventive Services Task Force Recommendations.(Publication dates vary)	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicestaskforce.org/uspsttopics.htm	Jun-15
Asthma	Asthma Care Quick Reference Diagnosing and managing asthma. Guidelines from the National Asthma Education and Prevention Program. Expert Panel Report 3. (Revised 2012.)	U.S. Department of Health and Human Services; National Institute of Health; National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/files/docs/guidelines/asthma_grq.pdf	Jun-15
	Expert Panel Report 3: Guidelines for the Diagnosis and Management of Asthma (Full Report July 2007) and Changes to the Guidelines (August 2008)	U.S. Department of Health and Human Services; National Institute of Health; National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/guidelines/asthma/index.htm and http://www.nhlbi.nih.gov/guidelines/asthma/epr3-errata.htm	Jun-15
	Global Strategy For Asthma Management and Prevention. Updated 2015	Global Initiative for Asthma (GINA)	http://ginasthma.org/2016-gina-report-global-strategy-for-asthma-management-and-prevention/	Jun-15
Back Pain	Adult Acute Low Back Pain (Updated November 2012)	Institute for Clinical Improvement (ISCI)	https://www.icsi.org/_asset/bjvqrj/LBP.pdf	Jun-15
	Diagnosis and treatment of low back pain: a	American College of Physicians;	http://www.ncbi.nlm.nih.gov/pubmed/1790	Jul-15



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	joint clinical practice guideline from the American College of Physicians and the American Pain Society (October 2, 2007)	American Pain Society	9209	
	Low back pain: clinical practice guidelines linked to the International Classification of Functioning, Disability, and Health from the Orthopedic Section of the American Physical Therapy Association (April 2012)	American Physical Therapy Association (APTA)	http://www.guideline.gov/content.aspx?id=36828	Jul-15
Chlamydia Screening	Final Recommendation Statement Gonorrhea and Chlamydia: Screening, September 2014	U.S. Preventive Services Task Force (USPSTF)	http://www.uspreventiveservicestaskforce.org/Page/Document/RecommendationStatementFinal/chlamydia-and-gonorrhea-screening	Jul-15
COPD	Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease (Updated 2015)	The Global Initiative for Chronic Obstructive Lung Disease (GOLD)	http://goldcopd.org/global-strategy-diagnosis-management-prevention-copd-2016/	Jun-15
Coronary Artery Disease	Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents. The Report of the Expert Panel (Last Updated January 2013)	U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/guidelines/cvd_ped/index.htm	Jul-15
	ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Assessment of Cardiovascular Risk. (Circulation. 2014; 129:S49-S73) (Published online November 12, 2013)	American College of Cardiology and American Heart Association Task Force	http://circ.ahajournals.org/lookup/doi/10.1161/01.cir.0000437741.48606.98	Jul-15
	AHA Scientific Statement: Exercise and	The Council on Clinical	http://circ.ahajournals.org/content/107/24/	Jun-15



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	Physical Activity in the Prevention and Treatment of Atherosclerotic Cardiovascular Disease (Circulation. 2003; 107:3109-3116)	Cardiology and the Council on Nutrition, Physical Activity, and Metabolism	3109.long	
	AHA Scientific Statement: Secondary Prevention of Atherosclerotic Cardiovascular Disease in Older Adults. (Circulation. 2013; 128:2422-2446)	American Heart Association	http://circ.ahajournals.org/content/128/22/2422.full	Jul-15
	AHA/ACC/ASH Scientific Statement Treatment of Hypertension in Patients with Coronary Artery Disease. (Circulation 2015;131:e435-e470)	American Heart Association, American College of Cardiology, and American Society of Hypertension	http://circ.ahajournals.org/content/131/19/e435.full	Jul-15
	AHA/ACCF Guideline: AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients with Coronary and Other Atherosclerotic Vascular Disease, 2011 Update (Circulation. 2011; 124: 2458-2473) and	American Heart Association and American College of Cardiology Foundation	http://circ.ahajournals.org/content/124/22/2458.full.pdf	Jun-15
	The Primary and Secondary Prevention of Coronary Artery Disease: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines (8th Edition)(June 2008)	American College of Chest Physicians	http://journal.publications.chestnet.org/article.aspx?articleid=1085935	Jul-15
Diabetes	AACE/ACE Guidelines: American Association of Clinical Endocrinologists and American College of Endocrinology- Clinical Practice Guidelines for Developing a Diabetes Mellitus Comprehensive Care Plan (<i>Endocrine</i>	American Association of Clinical Endocrinologists and American College of Endocrinology	https://www.aace.com/files/dm-guidelines-ccp.pdf	Jun-15



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	<i>Practice 2015, Volume 21, S1-87).</i>			
	Clinical Practice Recommendations – 2015. Standards of Medical Care in Diabetes (Diabetes Care 2015, Volume 38, S1-S94)	American Diabetes Association (ADA)	http://professional.diabetes.org/ResourcesForProfessionals.aspx?cid=84160	Jul-15
	Standards of Medical Care in Diabetes (Diabetes Care July 2015, 38: 1175-1395)	American Diabetes Association (ADA)	http://care.diabetesjournals.org/content/current	Jun-15
Heart Failure	ACCF/AHA Practice Guideline 2013 ACCF/AHA Guideline for the Management of Heart Failure(Circulation. 2013; 128: e240-e327)	American College of Cardiology Foundation and American Heart Association Task Force on Practice Guidelines	http://circ.ahajournals.org/content/128/16/e240.full.pdf+html	Jun-15
	AHA Scientific Statement: Exercise and Heart Failure (Circulation. 2003; 107:1210-1225)	American Heart Association Committee on Exercise, Rehabilitation, and Prevention	http://circ.ahajournals.org/content/107/8/1210	Jun-15
	HFSA 2010 Comprehensive Heart Failure Practice Guideline. (June 2010; 16: e1-e194)	Heart Failure Society of America	http://www.ncbi.nlm.nih.gov/pubmed/20610207 and http://www.hfsa.org/heart-failure-guidelines-2/	Jun-15
Hyperlipidemia	ACC/AHA Prevention Guideline: 2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults. (Circulation 2014; 129:S1-S45)	American College of Cardiology/American Heart Association Task Force on Practice Guidelines	http://circ.ahajournals.org/content/129/25_suppl_2/S1	Jul-15
	Management of Blood Cholesterol in Adults: Systematic Evidence Review from the Cholesterol Expert Panel (2013)	U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/guidelines/cholesterol/ser/index.htm	Jul-15
	<i>Third Report of the National Cholesterol</i>	National Institute of Health and	http://www.nhlbi.nih.gov/files/docs/guidelin	Jun-15



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	<i>Education Program Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III)</i> (NIH Publication No. 01-3670, May 2001)	National Heart, Lung, and Blood Institute	es/atp3xsum.pdf	
Hypertension	2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults: Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8) (JAMA. 2014;311(5):507-520. doi:10.1001/jama.2013.284427)	The Journal of the American Medical Association (JAMA)	http://jama.jamanetwork.com/article.aspx?articleid=1791497	Jun-15
	Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation and Treatment of High Blood Pressure (JNC7)	U.S. Department of Health and Human Services, National Institutes of Health, National Heart, Lung and Blood Institute	http://www.nhlbi.nih.gov/files/docs/guidelines/jnc7full.pdf	Jul-15
Immunizations	Adult Immunization Schedule , United States 2015	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/vaccines/schedules/hcp/adult.html	Jun-15
	Birth-18 Years & "Catch-up" Immunization Schedules, United States, 2015	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/vaccines/schedules/hcp/child-adolescent.html	Jun-15
	Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices (ACIP) — United States, 2014–15 Influenza Season	Advisory Committee on Immunization Practices (ACIP)	http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6332a3.htm	Jun-15
Lead Screening	Lead Toxicity How should patients exposed to lead be evaluated? (August 20, 2007)	Agency for Toxic Substances and Disease Registry (ATSDR)	http://www.atsdr.cdc.gov/csem/csem.asp?csem=7&po=11	Jul-15



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	Low Level Lead Exposure Harms Children: A Renewed Call for Primary Prevention Report of the Advisory Committee on Childhood Lead Poisoning Prevention of the Centers for Disease Control and Prevention	Advisory Committee for Childhood Lead Poisoning Prevention	http://www.cdc.gov/nceh/lead/ACCLPP/Final_Document_030712.pdf	Jun-15
	Recommendations for Blood Lead Screening of Medicaid-Eligible Children Aged 1-5 Years: an Updated Approach to Targeting a Group at High Risk (Last Reviewed 07/28/2009)	Advisory Committee on Childhood Lead Poisoning, Division of Environmental and Emergency Health Services, and National Center for Environmental Health	http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5809a1.htm	Jul-15
Pediatric Preventive Care	Guidelines on Periodicity of Examination, Preventive Dental Services, Anticipatory Guidance/Counseling, and Oral Treatment for Infants, Children, and Adolescents (Revised 2013)	American Academy of Pediatric Dentistry	http://www.aapd.org/media/Policies_Guidelines/G_Periodicity.pdf	Jul-15
	Periodicity Schedule: Recommendations for Preventive Pediatric Health Care (2014)	American Academy of Pediatrics (AAP)	http://www.aap.org/en-us/professional-resources/practice-support/Pages/PeriodicitySchedule.aspx	Jun-15
Perinatal Care	AFP by Topic: Prenatal (November 2014)	American Academy of Family Physicians (AAFP)	http://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=25	Jul-15
	Guidelines for Perinatal Care, Seventh Edition (October 2012)	The American College of Obstetricians and Gynecologists	Available online for ACOG members only. http://www.acog.org/About-ACOG/ACOG-Departments/Deliveries-Before-39-Weeks/ACOG-Clinical-Guidelines	Jun-15
Respiratory Illness	Adult and Pediatric treatment	Centers for Disease Control and	http://www.cdc.gov/getsmart/community/fo	Jul-15



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	recommendations. (Last updated April 17, 2015)	Prevention (CDC)	r-hcp/outpatient-hcp/index.html	
	Clinical Practice Guideline for the Diagnosis and Management of Group A Streptococcal Pharyngitis: 2012 Update by the Infectious Diseases Society of America. (Clin Infect Dis 2012; 55: e86-e102.) First published online Sept. 9, 2012.	Infectious Disease Society of America (IDSA)	http://cid.oxfordjournals.org/content/55/10/e86.full.pdf+html	Jul-15
	Diagnosis and Treatment of Respiratory Illness in Children and Adults. (Updated January 2013)	Institute for Clinical Systems Improvement (ICSI)	https://www.icsi.org/_asset/1wp8x2/Respllness.pdf	Jul-15
Sickle Cell	Evidence-Based Management of Sickle Cell Disease. Expert Panel Report, 2014.	U.S. Department of Health and Human Services; National Institutes of Health; National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/sites/www.nhlbi.nih.gov/files/sickle-cell-disease-report.pdf	Jul-15
	Sickle Cell Disease, Recommendations (Last updated January 21, 2010)	Centers for Disease Control and Prevention (CDC)	http://www.cdc.gov/ncbddd/sicklecell/recommendations.html	Jul-15
	The Management of Sickle Cell Disease, Fourth Edition (2004)	National Institutes of Health; National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/health/prof/blood/sickle/index.htm	Jun-15
Weight Management	Active Healthy Living: Prevention of Childhood Obesity Through Increased Physical Activity. (Pediatrics Vol. No.5 May 1, 2006 pp.1834-1842)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/117/5/1834.full	Jul-15
	Adult Weight Management (AWM) Guideline (2014)	Academy of Nutrition and Dietetics	http://www.andeal.org/topic.cfm?menu=5276&cat=4688	Jun-15



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	Managing Overweight and Obesity in Adults: Systematic Evidence Review from the Obesity Expert Panel (2013)	U.S. Department of Health and Human Services, National Institute of Health, National Heart, Lung, and Blood Institute	http://www.nhlbi.nih.gov/health-pro/guidelines/in-develop/obesity-evidence-review	Jul-15
	Recommendations on the Assessment, Prevention, and Treatment of Childhood Obesity (December 2007)	American Medical Association (AMA)	http://pediatrics.aappublications.org/content/suppl/2007/12/03/120.Supplement_4.S163.DC1/Obesity_Supplement_120-6.pdf	Jul-15
	Screening for Obesity in Children and Adolescents: US Preventive Services Task Force Recommendation Statement. (PEDIATRICS Volume 125, Number 2, February 2010.)	U.S. Preventive Services Task Force (USPSTF)	http://pediatrics.aappublications.org/content/early/2010/01/18/peds.2009-2037.full.pdf	Jul-15
	The Practical Guide to the Identification, Evaluation, and Treatment of Overweight and Obesity in Adults (NIH Publication Number 00-4084 October 2000)	National Institute of Health; National Heart, Lung, and Blood Institute; North American Association for the Study of Obesity	http://www.nhlbi.nih.gov/guidelines/obesity/prctgd_c.pdf	Jun-15
Behavioral Health				
ADHD	ADHD: Clinical Practice Guideline for the Diagnosis, Evaluation, and Treatment of Attention-deficit/Hyperactivity Disorder in	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/early/2011/10/14/peds.2011-2654.full.pdf+html	Jun-15



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	Children and Adolescents. (Published online October 16, 2011; DOI: 10.1542/peds.2011-2654)			
	Clinical Practice Guideline: Treatment of the School-Aged Child with Attention-Deficit/Hyperactivity Disorder (Pediatrics Vol. 108 No. 4 October 1, 2001 pp. 1033 -1044)	American Academy of Pediatrics (AAP)	http://pediatrics.aappublications.org/content/108/4/1033.full?sid=6dac3588-095c-49c7-adc5-62643dc1641a	Jun-15
	Practice Parameter for the assessment and treatment of children and adolescents with attention-deficit/hyperactivity disorder (AACAP Revised: 7/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)62182-1/pdf	Jul-15
Anxiety Disorder	Practice parameter for the assessment and treatment of children and adolescents with anxiety disorders (Revised: 2/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)61838-4/pdf	Jul-15
Bipolar Disorder	Practice Guideline for the Treatment of Patients with Bipolar Disorder. Second Edition. (April 2002) and Guideline Watch (November 2005)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jul-15
	Practice parameter for the assessment and treatment of children and adolescents with bipolar disorder.(Revised: 1/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)61968-7/pdf	Jul-15
Major Depressive Disorder	Practice Guideline for the Treatment of Patients With Major Depressive Disorder. Third Edition. (2010)	American Psychiatric Association (APA)	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/md_d.pdf	Jun-15
	Practice parameter for the assessment and treatment of children and adolescents with	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)62053-0/pdf	Jul-15



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	depressive disorders (Revised 11/2007)			
Oppositional Defiant Disorder	Practice parameter for the assessment and treatment of children and adolescents with oppositional defiant disorder. (1/2007)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)61969-9/pdf	Jul-15
Panic Disorder	Practice Guideline for the Treatment of Patients with Panic Disorder. Second Edition. (January 2009)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jul-15
Schizophrenia	The Practice Guideline for the Treatment of Patients With Schizophrenia. Second Edition.(April 2004) and Guideline Watch(September 2009)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jul-15
Stress Disorder	Guideline Watch (March 2009): Practice guideline for the treatment of Patients with Acute Stress Disorder and posttraumatic stress disorder (2009)	American Psychiatric Association (APA)	http://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/acutestressdisorderptsd-watch.pdf	Jun-15
Substance Use Disorders	Practice Guideline for the Treatment of Patients With Substance Use Disorders(May 2006) and Guideline Watch (April 2007)	American Psychiatric Association (APA)	http://psychiatryonline.org/guidelines	Jul-15
Tobacco Cessation	Smoking Cessation During Pregnancy (Obstet Gynecol 2010; 116: 1241-4)	American College of Obstetricians and Gynecologists	http://www.acog.org/Resources-And-Publications/Committee-Opinions/Committee-on-Health-Care-for-Underserved-Women/Smoking-Cessation-During-Pregnancy	Jul-15
	Treating Tobacco Use and Dependence: 2008 update	U.S. Department of Health and Human Services; Public Health Service	http://www.ahrq.gov/sites/default/files/wysiwyg/professionals/clinicians-providers/guidelines-recommendations/tobacco/clinicians/u	Jun-15



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			pdate/treating_tobacco_use08.pdf	
Use of Psychotropic Medication	Practice parameter for the use of psychotropic medication in children and adolescents (9/2009)	American Academy of Child and Adolescent Psychiatry (AACAP)	http://www.jaacap.com/article/S0890-8567(09)60156-8/pdf	Jul-15



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REVISION LOG	DATE
Updated Adopted Clinical Practice and Preventive Health Guidelines attachment to most current versions of guidelines (Added Practice Guidelines for ADHD, Adult Preventive Care, Asthma, Back Pain, Bipolar Disorder, Coronary Artery Disease, Diabetes, Hyperlipidemia, Hypertension, Lead Screening, Major Depressive Disorder, Oppositional Defiant Disorder, Panic Disorder, Pediatric Preventive Care, Perinatal Care, Respiratory Illness, Schizophrenia, Sickle Cell, Stress Disorder, Substance Use Disorders, Tobacco Cessation, Use of Psychotropic Medication. Removed Practice Guidelines for Back Pain, Coronary Artery Disease, Heart Failure, and Hyperlipidemia.)	07/23/2015

POLICY AND PROCEDURE APPROVAL

The electronic approval retained in Compliance 360, Centene's P&P management software,



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is considered equivalent to a physical signature.

Corporate Sr. Director of Quality Improvement: _____ Electronic Signature _____