

DISCHARGE PLANNER

CHECKLIST

Schedule a 7-day follow-up appointment with a mental health provider.	
Review the details and importance of attending the 7-day follow-up appointment.	
Review medication, disease management, and other required discharge order details.	
Complete referrals to other agencies for post-discharge needs, where necessary.	
Review post-discharge needs and provide available resources to the patient and caregiver, such as:	
Health Plan	☐ Findhelp.org
contact information	988 Crisis and Suicide
Telemedicine	Prevention Lifeline
Transportation	Other community resources to
Language Line	address health equity and social determinants of health

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