

Controlling Blood Pressure (CBP)

Provider Tip Sheet

What is being measured?

The Controlling Blood Pressure (CBP) measure assesses the percentage of members between 18 and 85 years of age, who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90 mm Hg) during the measurement year.

NOTE: When multiple BP readings are included in the chart on the same date, the lowest systolic and diastolic BP results will be used.

Why is this measure important?

Hypertension puts members at a higher risk for stroke and heart disease. Helping members keep their blood pressure controlled reduces the risk of developing other co-morbidities. Medication, healthy diet, and physical activity are just a few of the ways to help members keep their blood pressure at a controlled level.

Eligible Population

All members aged 18-85 years old are included in this measure.

Coding Guidance

Description	CPT and ICD-10 Codes
Hypertension	ICD-10: I10
Systolic greater than/equal to 140	CPT-CAT-II: 3077F
Systolic less than 130	CPT-CAT-II: 3074F
Systolic between 130-139	CPT-CAT-II: 3075F
Diastolic greater than/equal to 90	CPT-CAT-II: 3080F
Diastolic 80-89	CPT-CAT-II: 3079F
Diastolic less than 80	CPT-CAT-II: 3078F
Remote Blood Pressure Monitoring Codes	CPT: 93784, 93788, 93790, 99091
Outpatient codes	CPT: 99201-99205, 99211-99215, 99241-99245, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99429, 99455, 99456, 99483, 99341-99345
Telephone Visits	98966-98968, 99441-99443

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Description	CPT and ICD-10 Codes
Digital Blood Pressure Monitoring	93784, 93788, 93790, 99091, 99453, 99454, 99457, 99473, 99474

Best Practices

- Educate members on the risks associated with hypertension and ways to keep their BP under control.
- Check for any barriers that may be keeping members from filling their prescriptions.
- Ensure that clinical staff are repeating BP check if it is abnormally low or high.
- If BP is above 140/90, retake the BP after the member has had some time to rest.
- When including member-reported BP, make sure to include documentation in the member’s chart including exact reading and dates of the reported blood pressure.
- Include a BP CPT II-code in addition to ICD-10 code for hypertension.

Support

We are committed to the care and well-being of our members. We are also committed to working with you as a partner to develop the best possible treatment plans for all patients.

Please view the Provider section of our website at ambetterofnorthcarolina.com for additional tools and resources. You may also contact your [Provider Engagement Administrator](#) directly for support and education.

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