

DISCHARGE PLANNER

CHECKLIST

- Schedule a 7-day follow-up appointment with a mental health provider.
- Review the details and importance of attending the 7-day follow-up appointment.
- Review medication, disease management, and other required discharge order details.
- Complete referrals to other agencies for post-discharge needs, where necessary.
- Review post-discharge needs and provide available resources to the patient and caregiver, such as:
 - Health Plan contact information
 - Telemedicine
 - Transportation
 - Language Line
 - Findhelp.org
 - 988 Crisis and Suicide Prevention Lifeline
 - Other community resources to address health equity and social determinants of health

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