# **QUICK REFERENCE GUIDE**



### **About Your Plan**

This is a guide to your Ambetter Health of Delaware plan. It is aimed to help you take charge of your health and get the most out of your benefits.



#### Your Primary Care Provider

Your Primary Care Provider (PCP) is your main physician or provider that helps you with your basic medical needs. To view or change your PCP, go to

#### Guide.AmbetterHealth.com

Make sure your PCP is in-network. This means the doctor, pharmacy, or facility is included in the Ambetter Health network. Always use in-network services and physicians to prevent additional costs.



#### **Create Your Online Member Account**

Set up your secure account at

#### Member.AmbetterHealth.com

- Access all your plan details
- Search for care
- Save your digital member ID Card View your claims

#### Ways to Pay

- Log in to your Online Member Account to make a payment or set up automatic bill pay.
- Make a payment in the Ambetter Health mobile app.
- Make a one-time payment at AmbetterQuickPayDE.com.

For more ways to pay, visit **AmbetterHealthofDelaware.com**. After your first month's premium is paid in full, you will receive your Welcome Packet and Member ID Card(s).

#### **Download the Ambetter Health App**



Scan the QR code or log in online at: AmbetterHealth.com/Connect

Learn more about your plan at **AmbetterHealthofDelaware.com/Plans**.

#### Where to Go for Care

From primary care to urgent care and virtual medicine, you have options with Ambetter Health.



#### **Primary Care Provider (PCP)**

Your PCP is your main provider and your first choice for care.



#### Urgent Care

Go to an Urgent Care Clinic if you need immediate care and your PCP is unable to see you. You do not need an appointment.



#### Virtual 24/7 Care\*

Talk to a doctor online or over the phone. Get the care you need anytime, anywhere.



#### **Emergency Room (ER)**

If you have a medical emergency, do not wait! Call 911 or go straight to the ER.

Learn more about the care options available to you at AmbetterHealth.com/CareOptions.

# Stay Healthy and Stay Well

Get the most from your Ambetter Health insurance with our health and wellness benefits. As an Ambetter Health Member, you have access to:



#### Mental & Behavioral Health Services

Your plan includes mental and behavioral health services. You can also access services through Virtual 24/7 Care.



#### **Ambetter Member Perks**

Save on health products and services with our discount program.



#### A Trusted Provider Network

Access a range of providers, medical facilities, and hospitals.



#### **Preventive Care**

Be sure to schedule your annual wellness exam with your in-network PCP.



#### My Health Pays® Rewards Program\*\*

Use it to help pay for healthcare related costs, monthly bills, and more. Access My Health Pays through your Online Member Account.



# **Prescription Drug Coverage**

Get brand and generic drugs, delivered to your door.

Learn more about your benefits, perks, and more at AmbetterHealthofDelaware.com/Benefits. Read about your coverage details in your Evidence of Coverage (EOC) at AmbetterHealthofDelaware.com/Plans.

#### **Member Services**

Not a member yet? Enroll at Enroll.AmbetterHealth.com

#### **Free Interpreter Services**

If you need information in languages other than English, call Member Services.

Interpreter services allow you and your provider to talk about your medical or behavioral health concerns in a way that is most comfortable for you. Members who are blind or visually impaired and need help with interpretation can call Member Services for an oral interpretation.

#### **Enrollment Information**

If you enroll through the Health Insurance Marketplace each year, you must update or choose a new Health Plan. You can do this during open enrollment or during a special enrollment period if you have a life changing event.

- Go to Enroll.AmbetterHealth.com
- Call Marketplace at 1-800-318-2596 (TTY: 1-855-889-4325)

Visit HealthCare.gov

These services are available 24 hours a day, 7 days a week (except holidays).

#### Need help or have questions?

Call us at: 1-833-919-3214 (TTY 711). We are available Monday through Friday, 8 a.m. to 8 p.m. local time. Find more information online. Visit: AmbetterHealthofDelaware.com.



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\*Cost sharing may apply when using Virtual 24/7 Care. Virtual 24/7 cost share does not apply to HSA plans until the deductible is met and is only applicable when used through the Virtual 24/7 program. Ambetter Health does not provide medical care. Medical care is provided by individual providers which are independent contractors and not agents of Ambetter Health.

\*\*Healthcare-related costs will vary by member and the plan in which you are enrolled. Funds expire immediately upon termination of insurance coverage. My Health Pays® rewards cannot be used for pharmacy copays.