



# DISCHARGE PLANNER

## CHECKLIST

- Schedule a 7-day follow-up appointment with a mental health provider.
- Review the details and importance of attending the 7-day follow-up appointment.
- Review medication, disease management, and other required discharge order details.
- Complete referrals to other agencies for post-discharge needs, where necessary.
- Review post-discharge needs and provide available resources to the patient and caregiver, such as:
  - Health Plan contact information
  - Telemedicine
  - Transportation
  - Language Line
  - Findhelp.org
  - 988 Crisis and Suicide Prevention Lifeline
  - Other community resources to address health equity and social determinants of health

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