

Clinical Policy: Gender Affirming Procedures

Reference Number: WA.CP.MP.95 Date of Last Revision: 10/23

Effective Date: 11/01/24

Coding Implications
Revision Log

See <u>Important Reminder</u> at the end of this policy for important regulatory and legal information.

Description

Services for gender affirmation most often include hormone treatment, counseling, psychotherapy, complete hysterectomy, bilateral mastectomy, chest reconstruction or augmentation as appropriate, genital reconstruction, facial hair removal, and certain facial plastic reconstruction. Not every individual will require each intervention, so necessity needs to be considered on an individualized basis. The criteria in this policy outline the medical necessity criteria for gender-affirming medical and surgical treatment (GAMST) when such services are included under the member/enrollee's benefit plan contract provisions.

Decisions to deny or limit services when performed as part of a gender affirmation process must be reviewed, and the appropriateness of the adverse benefit determination confirmed, by a provider who has clinically appropriate expertise prescribing or delivering gender affirming treatment. (RCW 48.43.0128) (WAC 284-43-3070)

Policy/Criteria

I. It is the policy of Coordinated Care Corporation that gender-affirming surgeries are considered **medically necessary** for members/enrollees when diagnosed with gender dysphoria or gender incongruence per section A. and when meeting the eligibility criteria in section B.

Note: Intersex individuals are not subject to the criteria in this policy.

- A. Gender Dysphoria or Gender Incongruence Criteria
 - 1. Marked and sustained incongruence between the member's/enrollee's experienced/expressed gender and assigned gender, as *indicated by two or more* of the following:
 - a. Marked incongruence between the member's/enrollee's experienced/expressed gender and primary and/or secondary sex characteristics
 - b. A strong desire to be rid of one's primary and/or secondary sex characteristics because of a marked incongruence with one's experienced/expressed gender
 - c. A strong desire for the primary and/or secondary sex characteristics of the other gender
 - d. A strong desire to be of the other gender (or some alternative gender different from one's assigned gender)
 - e. A strong desire to be treated as the other gender (or some alternative gender different from one's assigned gender)
 - f. A strong conviction that one has the typical feelings and reactions of the other gender (or some alternative gender different from one's assigned gender)



- g. The condition is associated with clinically significant distress or impairment in social, occupational, or other important areas of functioning.
- B. Eligibility Criteria, all of the following:
 - 1. Capacity to make a fully informed decision (including, but not limited to, awareness of the potential effects of treatment on fertility) and to consent for treatment
 - 2. If significant medical or mental health concerns are present, they must be reasonably well controlled
 - 3. Other possible causes of apparent gender dysphoria, gender incongruence, or gender diversity have been identified and excluded;
 - 4. Minimum of one written statement with signature recommending gender-affirming medical and surgical treatment (GAMST) from a health care provider competent to independently assess and diagnose gender incongruence;
 - 5. One of the following:
 - a. For members \geq 18 years, all of the following:
 - i. Assessment for GAMST from a provider who meets both of the following:
 - a) Has experience in or is qualified to assess clinical aspects of gender dysphoria, incongruence, and diversity (e.g., mental health professional, general medical practitioner, nurse, or other qualified health care provider);
 - b) Is licensed by their statutory body and hold, at a minimum, a master's degree in a clinical field related to transgender health or equivalent further clinical training and be statutorily regulated;
 - ii. The documented assessment for GAMST meets all of the following:
 - a) Identifies any mental or physical health conditions that could negatively impact the outcome of GAMST, with risks and benefits discussed;
 - Notes the member/enrollee's capacity to understand the effect of GAMST on reproduction and includes a discussion of reproductive options with the member/enrollee prior to the initiation of GAMST;
 - iii. Member/enrollee remains stable on their gender affirming hormonal treatment regime (which may include at least six months of hormone treatment or longer if required to achieve the desired surgical result, unless hormone therapy is either not desired or is medically contraindicated).
 - b. For members/enrollees < 18 years all of the following:
 - i. Demonstrates the emotional and cognitive maturity required to provide informed consent/assent for the treatment;
 - ii. Has reached Tanner stage 2:
 - iii. Member/enrollee has been informed of the reproductive effects of GAMST, including the potential loss of fertility and the available options to preserve fertility, and these have been discussed in the context of the adolescent's stage of pubertal development;
 - iv. Member/enrollee has completed a minimum of 12 months of gender-affirming hormone therapy or longer, if required, to achieve the desired surgical result for gender-affirming procedures, including breast augmentation, orchiectomy, vaginoplasty, hysterectomy, phalloplasty, metoidioplasty, and facial surgery as part of gender-affirming treatment unless hormone therapy is either not desired or is medically contraindicated;



- v. Assessment for GAMST from a provider who meets both of the following:
 - a) Has experience in or is qualified to assess clinical aspects of gender dysphoria, incongruence, and diversity (e.g., mental health professional, general medical practitioner, nurse, or other qualified health care provider);
 - b) Is licensed by their statutory body and hold, at a minimum, a master's degree in a clinical field related to transgender health or equivalent further clinical training and be statutorily regulated;
- C. Gender-affirming surgeries considered medically necessary when meeting above criteria and additional criteria as listed below for specific procedures:
 - 1. For members/enrollees age < 18 years, any of the following:
 - a. One of the following procedures is requested:
 - i. Penectomy;
 - ii. Urethroplasty;
 - iii. Mammoplasty;
 - iv. Mastectomy, and the member/enrollee has been assessed for risk factors associated with breast cancer;
 - v. Clitoroplasty;
 - vi. Vulvoplasty;
 - vii. Labiaplasty;
 - viii. Vaginectomy;
 - ix. Vulvectomy;
 - x. Scrotoplasty;
 - xi. Testicular prosthesis;
 - b. Twelve months of hormone therapy has been administered (unless hormone therapy is not desired or is medically contraindicated), and one of the following procedures has been requested:
 - i. Breast augmentation, and the member/enrollee has been assessed for risk factors associated with breast cancer;
 - ii. Phalloplasty:
 - iii. Metoidioplasty;
 - iv. Vaginoplasty;
 - v. Gonadectomy (i.e., hysterectomy, orchiectomy);
 - 2. For members/enrollees \geq 18 years of age, any of the following:
 - a. Penectomy;
 - b. Urethroplasty;
 - c. Mammoplasty;
 - d. Mastectomy, and the member/enrollee has been assessed for risk factors associated with breast cancer;
 - e. Clitoroplasty;
 - f. Vulvoplasty;
 - g. Labiaplasty;
 - h. Vaginectomy;
 - i. Vulvectomy;
 - j. Scrotoplasty;
 - k. Testicular prosthesis;



- 1. Breast augmentation, and the member/enrollee has been assessed for risk factors associated with breast cancer;
- m. Phalloplasty;
- n. Metoidioplasty;
- o. Vaginoplasty;
- p. Gonadectomy (i.e., hysterectomy, salpingo-oophorectomy, orchiectomy; at least six months of hormone therapy may be considered prior to procedure, as appropriate for the member/enrollee's goals).
- II. It is the policy of Coordinated Care Corporation that gender affirming facial procedures will be considered for medical necessity on a case-by-case basis when meeting the following:
 - 1. Criteria has been met in section I.
 - 2. Requested procedure intends to correct existing facial appearance that demonstrates significant variation from standard appearance for the experienced gender. For members/enrollees <18 years, 12 months of hormone therapy is required prior to facial surgery as part of gender-affirming treatment unless hormone therapy is either not desired or medically contraindicated. Possible procedures include, but are not limited to, the following:
 - a. Blepharoplasty;
 - b. Face lift/mid-face lift/brow lift;
 - c. Facial implants and bone reconstruction;
 - d. Hair removal/electrolysis;
 - e. Drugs for hair loss or growth;
 - f. Hair transplantation or hairline advancement;
 - g. Prosthetic or filler substances to alter contour;
 - h. Rhinoplasty:
 - i. Thyroid chondroplasty;
 - j. Removal of redundant skin;
 - k. Upper lip shortening and lip augmentation;
 - 1. Chondrolaryngoplasty;
 - m. Voice modification surgery, therapy, or lessons;
 - n. Tracheal Shaves.
- III. It is the policy of Coordinated Care Corporation that revision procedures for affirming gender are **medically necessary** when the revision is required to address complications of a prior gender affirming procedure (wound dehiscence, fistula, chronic pain directly related to the surgery, etc.). Other requests for revision procedures will be considered for medical necessity on a case-by-case basis.
- IV. It is the policy of Coordinated Care Corporation that detransition procedures by genderrelated hormone intervention, surgical intervention, or both, will be considered for medical necessity on a case-by-case basis.



Background

The World Professional Association for Transgender Health (WPATH) is an international professional society dedicated to promoting the highest level of evidence-based principles for transgender and gender diverse (TGD) individuals.¹ Gender identity is a person's deepest inner sense of being female or male, which for many is established by the age of two through three years. *Gender nonconformity* refers to the extent to which a person's gender identity, role, or expression differs from the cultural norms prescribed for people of a particular sex.² *Gender dysphoria* refers to the discomfort or distress that is caused by a discrepancy between a person's gender identity and that person's sex assigned at birth (and the associated gender role and/or primary and secondary sex characteristics).^{2,3} Per WPATH, the focus of gender dysphoria is not on the individual's gender identity, but on any of the distress or discomfort related to being TGD.¹ WPATH states that gender incongruence is considered a condition with a focus on the TGD person's experienced identity and any need for gender-affirming treatment that arises from this identity.¹

Treatment to assist people with gender dysphoria is available and can help to find the gender identity and role that is comfortable for them. Treatment is very individualized and may or may not involve gender-affirming surgery or body modification. Treatment options include changes in gender expression and role; hormone therapy to feminize or masculinize the body; surgery to change primary and/or secondary sex characteristics; and psychotherapy. Many people who receive treatment for gender dysphoria will find a gender role and expression that is comfortable for them, regardless of whether they differ from the sex assigned to them at birth.

WPATH's Standards of Care (SOC) are a series of flexible guidelines for clinical practice published by the society and are based on evidence and expert consensus. Version 8 of WPATH's SOC were published in 2022, and these guidelines offer clinical guidance to health care professionals caring for TGD people and are intended to be adaptable to meet the diverse health care needs of this population. Version 1.

WPATH recommends that the assessment for gender-affirming medical and surgical treatment (GAMST) in individuals < 18 years old be completed by a provider who is licensed by their statutory body and hold a postgraduate degree or its equivalent in a clinical field relevant to this role granted by a nationally accredited statutory institution. The provider(s) working with gender diverse adolescents should additionally meet all of the following¹:

- 1. Receive theoretical and evidenced-based training and develop expertise in general child, adolescent, and family mental health across the developmental spectrum;
- 2. Receive training and have expertise in gender identity development, gender diversity in children and adolescents, have the ability to assess capacity to assent/consent, and possess general knowledge of gender diversity across the life span;
- 3. Receive training and develop expertise in autism spectrum disorders and other neurodevelopmental presentations or collaborate with a developmental disability expert when working with autistic/neurodivergent gender diverse adolescents;
- 4. Continue engaging in professional development in all areas relevant to gender diverse children, adolescents, and families;



- 5. Complete a comprehensive biopsychosocial assessment of the adolescent member/enrollee presenting with gender identity-related concerns and seek medical/surgical transition-related care in a collaborative and supportive manner;
- 6. Maintain an ongoing relationship with the gender diverse and transgender adolescent member/enrollee and any relevant caregivers to support the adolescent in their decision-making throughout the duration of puberty suppression treatment, hormonal treatment, and gender-related surgery until the transition is made to adult care;
- 7. Involve parent(s)/guardian(s) in the GAMST assessment and treatment process, unless their involvement is determined to be harmful to the adolescent or not feasible;
- 8. Involve relevant disciplines, including mental health and medical professionals, to reach a decision about whether puberty suppression, hormone initiation, or gender-related surgery for gender diverse and transgender adolescents are appropriate and remain indicated throughout the course of treatment until the transition is made to adult care.

WPATH recommends that the assessment for GAMST in adults \geq 18 years of age be completed by a provider who is licensed by their statutory body and hold, at a minimum, a master's degree in a clinical field related to transgender health or equivalent further clinical training and be statutorily regulated (e.g., mental health professional, general medical practitioner, nurse, or other qualified health care provider). The provider(s) working with gender diverse adults should additionally meet all of the following¹:

- 1. Identify co-existing mental health or other psychosocial concerns, distinguishing these from gender dysphoria, incongruence, and diversity;
- Assess capacity to consent for treatment (capacity to consent is required for GAMST assessment);
- 3. Have experience or is qualified to assess clinical aspects of gender dysphoria, incongruence, and diversity and is able to liaise with professionals from different disciplines within the field of transgender health for consultation and referral, if required;
- 4. Identify and exclude other possible causes of apparent gender incongruence prior to the initiation of gender-affirming treatments;
- 5. Ensure any mental or physical health conditions that could negatively impact the outcome of GAMSTs are assessed, with risks and benefits discussed, before a decision is made regarding treatment;
- 6. Assess the member/enrollee's capacity to understand the effect of GAMST on reproduction and discuss reproduction options with the member/enrollee prior to the initiation of GAMST;
- 7. Assess and discuss the role of social transition with the member/enrollee requesting GAMST.

Coding Implications

This clinical policy references Current Procedural Terminology (CPT®). CPT® is a registered trademark of the American Medical Association. All CPT codes and descriptions are copyrighted 2022, American Medical Association. All rights reserved. CPT codes and CPT descriptions are from the current manuals and those included herein are not intended to be all-inclusive and are included for informational purposes only. Codes referenced in this clinical policy are for informational purposes only. Inclusion or exclusion of any codes does not guarantee coverage.



Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

CPT codes that may be considered part of gender-affirming surgery.

This code list does not indicate if a procedure is or is not considered medically necessary.

CPT® Codes	Description		
11950-11954	Subcutaneous injection of filling material (e.g., collagen)		
	Insertion of tissue expander(s) for other than breast, including subsequent		
11960	expansion		
11970	Replacement of tissue expander with permanent implant		
14000	Adjacent tissue transfer or rearrangement, trunk; defect 10 sq cm or less		
14001	Adjacent tissue transfer or rearrangement, trunk; defect 10.1 sq cm to 30.0 sq cm		
	Adjacent tissue transfer or rearrangement, forehead, cheeks, chin, mouth, neck,		
14040	axillae, genitalia, hands and/or feet; defect 10 sq cm or less		
	Adjacent tissue transfer or rearrangement, forehead, cheeks, chin, mouth, neck,		
14041	axillae, genitalia, hands and/or feet; defect 10.1 sq cm to 30.0 sq cm		
	Split-thickness autograft, trunk, arms, legs; first 100 sq cm or less, or 1% of		
15100	body area of infants and children (except 15050)		
	Split-thickness autograft, trunk, arms, legs; each additional 100 sq cm, or each		
	additional 1% of body area of infants and children, or part thereof (List		
15101	separately in addition to code for primary procedure)		
	Split-thickness autograft, face, scalp, eyelids, mouth, neck, ears, orbits, genitalia,		
	hands, feet, and/or multiple digits; first 100 sq cm or less, or 1% of body area of		
15120	infants and children (except 15050)		
	Split-thickness autograft, face, scalp, eyelids, mouth, neck, ears, orbits, genitalia,		
	hands, feet, and/or multiple digits; each additional 100 sq cm, or each additional		
15121	1% of body area of infants and children, or part thereof (List separately)		
4.5500	Full thickness graft, free, including direct closure of donor site, trunk; 20 sq cm		
15200	or less		
15570	Formation of direct or tubed pedicle, with or without transfer; trunk		
15574	Formation of direct or tubed pedicle, with or without transfer; forehead, cheeks,		
15574	chin, mouth, neck, axillae, genitalia, hands or feet		
15600	Delay of flap or sectioning of flap (division and inset); at trunk		
15620	Delay of flap or sectioning of flap (division and inset); at forehead, cheeks, chin,		
15620	neck, axillae, genitalia, hands, or feet		
15757	Free skin flap with microvascular anastomosis		
15758	Free fascial flap with microvascular anastomosis		
15775	Punch graft for hair transplant; 1 to 15 punch grafts		
15776	Punch graft for hair transplant; more than 15 punch grafts		
15780-15783	Dermabrasion		
15786	Abrasion; single lesion (e.g., keratosis, scar)		
15787	Abrasion; each additional 4 lesions or less (List separately)		
15788	Chemical peel, facial; epidermal		
15789	Chemical peel, facial; dermal		
15792	Chemical peel, nonfacial; epidermal		



CDT® Codes	Description		
CPT® Codes	Description		
15793	Chemical peel, nonfacial; dermal		
15820-15823	Blepharoplasty		
15824	Rhytidectomy; forehead		
15825	Rhytidectomy; neck with platysmal tightening (platysmal flap, P-flap)		
15826	Rhytidectomy; glabellar frown lines		
15828	Rhytidectomy; cheek, chin, and neck		
15829	Rhytidectomy; superficial musculoaponeurotic system (SMAS) flap		
	Excision, excessive skin and subcutaneous tissue (includes lipectomy);		
15830	abdomen, infraumbilical panniculectomy		
15832-15839	Excision, excessive skin and subcutaneous tissue (includes lipectomy)		
15876-15879	Suction assisted lipectomy		
17380	Electrolysis epilation, each 30 minutes		
19303	Mastectomy, simple, complete		
19316	Mastopexy		
19318	Reduction Mammaplasty		
19325	Breast augmentation with implant		
19350	Nipple/areola reconstruction		
21120	Genioplasty; augmentation (autograft, allograft, prosthetic material)		
21121	Genioplasty; sliding osteotomy, single piece		
	Genioplasty; sliding osteotomies, 2 or more osteotomies (e.g., wedge excision or		
21122	bone wedge reversal for asymmetrical chin)		
	Genioplasty; sliding, augmentation with interpositional bone grafts (includes		
21123	obtaining autografts)		
21125	Augmentation, mandibular body or angle; prosthetic material		
	Augmentation, mandibular body or angle; with bone graft, onlay or		
21127	interpositional (includes obtaining autograft)		
21208	Osteoplasty, facial bones; augmentation (autograft, allograft, or prosthetic imp.)		
21209	Osteoplasty, facial bones; reduction		
21210	Graft, bone; nasal, maxillary or malar areas (includes obtaining graft)		
21270	Malar augmentation, prosthetic material		
30400	Rhinoplasty, primary; lateral and alar cartilages and/or elevation of nasal tip		
	Rhinoplasty, primary; complete, external parts including bony pyramid, lateral		
30410	and alar cartilages, and/or elevation of nasal tip		
30420	Rhinoplasty, primary; including major septal repair		
30430	Rhinoplasty, secondary; minor revision (small amount of nasal tip work)		
30435	Rhinoplasty, secondary; intermediate revision (bony work with osteotomies)		
30450	Rhinoplasty, secondary; major revision (nasal tip work and osteotomies)		
31599	Unlisted procedure, larynx		
31899	Unlisted procedure, trachea, bronchi		
53410	Urethroplasty, 1-stage reconstruction of male anterior urethra		
	Urethroplasty, transpubic or perineal, 1-stage, for reconstruction or repair of		
53415	prostatic or membranous urethra		
	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous		
53420	urethra; first stage		



CPT® Codes	Description		
CII Coucs	Urethroplasty, 2-stage reconstruction or repair of prostatic or membranous		
53425	urethra; second stage		
53430	Urethroplasty reconstruction female urethra		
33430	Urethromeatoplasty, with partial excision of distal urethral segment (Richard		
53460			
54125	type procedure) Amputation of ponis: complete		
54400	Amputation of penis; complete		
54401	Insertion of penile prosthesis; non-inflatable (semi-rigid)		
34401	Insertion of penile prosthesis; inflatable (self-contained) Insertion of multi-component, inflatable penile prosthesis, including placement		
54405	of pump, cylinders, and reservoir		
34403	Removal of all components of a multi-component, inflatable penile prosthesis		
54406	without replacement of prosthesis		
54408			
34406	Repair of component(s) of a multi-component, inflatable penile prosthesis		
54410	Removal and replacement of all component(s) of a multi-component, inflatable penile prosthesis at the same operative session		
54410	Removal and replacement of all components of a multi-component inflatable		
	1 1		
54411	penile prosthesis through an infected field at the same operative session,		
34411	including irrigation and debridement of infected tissue		
54415	Removal of non-inflatable (semi-rigid) or inflatable (self-contained) penile		
54415	prosthesis, without replacement of prosthesis		
54416	Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-		
34410	contained) penile prosthesis at the same operative session		
	Removal and replacement of non-inflatable (semi-rigid) or inflatable (self-		
54417	contained) penile prosthesis through an infected field at the same operative		
54417 54520	session, including irrigation and debridement of infected tissue		
	Orchiectomy simple w/ or w/o testicular prosthesis, scrotal or inguinal approach		
54660	Insertion testicular prosthesis (separate procedure)		
54690	Laparoscopy, surgical; orchiectomy		
55175	Scrotoplasty; simple		
55180	Scrotoplasty; complicated		
55970	Intersex surgery; male to female		
55980	Intersex surgery; female to male		
56625	Vulvectomy simple; complete		
56800	Plastic repair of introitus		
56805	Clitoroplasty intersex state		
56810	Perineoplasty, repair of perineum, nonobstetrical (separate procedure)		
57106	Vaginectomy, partial removal of vaginal wall;		
	Vaginectomy, partial removal of vaginal wall; with removal of paravaginal		
57107	tissue (radical vaginectomy)		
57110	Vaginectomy complete removal vaginal wall		
	Vaginectomy, complete removal of vaginal wall; with removal of paravaginal		
57111	tissue (radical vaginectomy)		
57291	Construction artificial vagina; without graft		
57292	Construction artificial vagina; with graft		



CPT® Codes	Description		
57295	Revision (including removal) of prosthetic vaginal graft; vaginal approach		
	Revision (including removal) of prosthetic vaginal graft; open abdominal		
57296	approach		
57335	Vaginoplasty intersex state		
57426	Revision (including removal) of prosthetic vaginal graft, laparoscopic approach		
	Total abdominal hysterectomy (corpus and cervix) with or without removal of		
58150	tube(s), with or without removal of ovary(s)		
58260	Vaginal hysterectomy, for uterus 250 g or less		
58262	Vaginal hysterectomy uterus 250g or less; w/ removal of tube(s) and/or ovary(s)		
	Vaginal hysterectomy, for uterus 250 g or less; with removal of tube(s), and/or		
58263	ovary(s), with repair of enterocele		
Vaginal hysterectomy, for uterus 250 g or less; with colpo-urethrocystop			
	(Marshall-Marchetti-Krantz type, Pereyra type) with or without endoscopic		
58267	control		
58270	Vaginal hysterectomy, for uterus 250 g or less; with repair of enterocele		
58275	Vaginal hysterectomy, with total or partial vaginectomy		
58285	Vaginal hysterectomy, radical (Schauta type operation)		
58290	Vaginal hysterectomy, for uterus greater than 250 g		
	Vaginal hysterectomy uterus greater than 250 g; with removal of tube(s) and/or		
58291	ovary(s)		
	Vaginal hysterectomy, for uterus greater than 250 g; with removal of tube(s)		
58292	and/or ovary(s), with repair of enterocele		
58294	Vaginal hysterectomy, for uterus greater than 250 g; with repair of enterocele		
58541	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less;		
	Laparoscopy, surgical, supracervical hysterectomy, for uterus 250 g or less; with		
58542	removal of tube(s) and/or ovary(s)		
58543	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g;		
	Laparoscopy, surgical, supracervical hysterectomy, for uterus greater than 250 g;		
58544	with removal of tube(s) and/or ovary(s)		
58550	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less		
	Laparoscopy, surgical, with vaginal hysterectomy, for uterus 250 g or less; with		
58552	removal of tube(s) and/or ovary (s)		
58553	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g		
	Laparoscopy, surgical, with vaginal hysterectomy, for uterus greater than 250 g;		
58554	with removal of tube(s) and/or ovary(s)		
58570	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less		
	Laparoscopy, surgical, with total hysterectomy, for uterus 250 g or less; with		
58571	removal of tube(s) and/or ovary(s)		
58572	Laparoscopy, surgical, with total hysterectomy for uterus greater than 250 g		
	Laparoscopy, surgical, with total hysterectomy, for uterus greater than 250 g;		
58573	with removal of tube(s) and/or ovary(s)		
5 0.551	Laparoscopy surgical; with removal of adnexal structures (partial or total		
58661	oophorectomy and/or salpingectomy)		



CPT® Codes	Description
	Salpingo-oophorectomy, complete or partial, unilateral or bilateral (separate
58720	procedure)
58940	Oophorectomy, partial or total, unilateral or bilateral
58999	Unlisted procedure, female genital system (nonobstetrical)
	Suture of major peripheral nerve, arm or leg, except sciatic; including
64856	transposition
	Nerve graft (includes obtaining graft), single strand, arm or leg; up to 4 cm
64892	length
	Nerve graft (includes obtaining graft), multiple strands (cable), hand or foot;
64896	more than 4 cm length
67900	Repair of brow ptosis (supraciliary, mid-forehead or coronal approach)

ICD-10-CM Diagnosis Codes that Support Coverage Criteria

ICD-10-CM Code	Description
F64.0 - F64.9	Gender identity disorders
Z87.890	Personal history of sex reassignment

Reviews, Revisions, and Approvals	Revision Date	Approval Date
Policy developed; specialist reviewed	11/21	11/21
Added 19318 to the list of CPT codes that may be considered part of		12/21
gender affirming procedures.		
Added note requiring that denials include input from a physician with	02/22	03/22
expertise as required by WAC 284-43-3070 (2)(g)		
Annual Review. Changed "Last Review Date" to "Date of Last	08/22	09/22
Revision" in the header. Added note before the criteria section stating		
that individuals with a disorder of sexual development (i.e. intersex)		
don't need to meet all the same criteria for duration of gender dysphoria,		
age requirements and duration of prior treatment such as hormone		
therapy. Incorporated gender-neutral language to the eligibility and		
criteria section II. A. 1, E. and III. A, B and C. In II.C., noted that		
informed consent includes awareness of treatment effects on fertility. In		
II.E, noted that the requirement of 12 months of hormone therapy before		
mastectomy in adolescents should be considered on a case-by-case basis.		
Grammatical changes made to the background with no impact to the		
policy. References reviewed and updated. Specialist reviewed.		
Modified language to more closely mirror Centene corporate policy	02/23	02/23
where possible. Criteria updated to incorporate WPATH Standards of		
Care version 8 (SOC-8). Noted that intersex individuals are not subject		
to this criteria I. Background updated to reflect updates in WPATH		
SOC-8. Reference list updated to replace WPATH SOC-7 to SOC-8.		
Reviewed by internal specialist and external specialist.		



Reviews, Revisions, and Approvals	Revision Date	Approval Date
Annual review. References updated. Background updated with no impact on criteria. Removed note directing to policy for fertility preservation. Minor rewording in Description and section I.B.2. with no impact on criteria. Removed duplicate instance of urethroplasty in sections C. 1 and 2. To align with RCW, added note to section III. that other requests for revision will be considered on case-by-case basis.	09/23	09/23
Annual review. References updated. Section II.n. Tracheal shaves added per RCW 48.43.0128. Section IV. for detransition procedures added to mirror corporate policy. Description verbiage updated to align with RCW and WAC for adverse benefit determinations. Minor punctuation changes in sections I.C.1.a. and b. with no clinical impact.	08/24	09/24

References

- 1. Coleman E, Radix AE, Bouman WP, et al. Standards of Care for the Health of Transgender and Gender Diverse People, Version 8. *Int J Transgend Health*. 2022;23(Suppl 1):S1 to S259. Published 2022 Sep 6. doi:10.1080/26895269.2022.2100644
- 2. Knudson G, De Cuypere G, Bockting W. Recommendations for revision of the DSM diagnoses of gender identity disorders: Consensus statement of The World Professional Association for Transgender Health. *Int J Transgend*. 2010;12(2);115 to 118.
- 3. Fisk NM. Editorial: Gender dysphoria syndrome the conceptualization that liberalizes indications for total gender reorientation and implies a broadly based multi-dimensional rehabilitative regimen. *West J Med.* 1974;120(5):386 to 391.
- 4. Institute of Medicine (US) Committee on Lesbian, Gay, Bisexual, and Transgender Health Issues and Research Gaps and Opportunities. *The Health of Lesbian, Gay, Bisexual, and Transgender People: Building a Foundation for Better Understanding*. Washington (DC): National Academies Press (US); 2011.
- 5. Health Technology Assessment. Sex reassignment surgery for the treatment of gender dysphoria. Hayes. www.hayesinc.com. August 01, 2018 (annual review July 27, 2022). Accessed June 19, 2024.
- 6. Levine DA; Committee On Adolescence. Office-based care for lesbian, gay, bisexual, transgender, and questioning youth. *Pediatrics* 2013;132(1):e297 to e313. doi:10.1542/peds.2013-1283
- 7. Tangpricha V, Safer JD. Transgender women: Evaluation and management. UpToDate. www.uptodate.com. Published October 12, 2023. Accessed June 14, 2024.
- 8. Tangpricha V, Safer JD. Transgender men: Evaluation and management. UpToDate. www.uptodate.com. Published June 30, 2023. Accessed June 19, 2024.
- 9. The World Professional Association for Transgender Health, Inc. (WPATH). Position statement on medical necessity of treatment, sex reassignment, and insurance coverage in the U.S.A. https://www.wpath.org/newsroom/medical-necessity-statement. Published December 21, 2016. Accessed June 19, 2024.
- 10. Health Care for Transgender and Gender Diverse Individuals: ACOG Committee Opinion, Number 823. *Obstet Gynecol*. 2021;137(3):e75 to e88. doi:10.1097/AOG.000000000004294



- 11. van de Grift TC, Elaut E, Cerwenka SC, Cohen-Kettenis PT, Kreukels BPC. Surgical Satisfaction, Quality of Life, and Their Association After Gender-Affirming Surgery: A Follow-up Study. *J Sex Marital Ther*. 2018;44(2):138 to 148. doi:10.1080/0092623X.2017.1326190
- 12. Papadopulos NA, Lellé JD, Zavlin D, et al. Quality of Life and Patient Satisfaction Following Male-to-Female Sex Reassignment Surgery. *J Sex Med*. 2017;14(5):721 to 730. doi:10.1016/j.jsxm.2017.01.022
- 13. Hembree WC, Cohen-Kettenis PT, Gooren L, et al. Endocrine Treatment of Gender-Dysphoric/Gender-Incongruent Persons: An Endocrine Society Clinical Practice Guideline [published correction appears in J Clin Endocrinol Metab. 2018 Feb 1;103(2):699] [published correction appears in J Clin Endocrinol Metab. 2018 Jul 1;103(7):2758 to 2759]. *J Clin Endocrinol Metab*. 2017;102(11):3869 to 3903. doi:10.1210/jc.2017-01658
- 14. Local coverage article: billing and coding: gender reassignment services for gender dysphoria (A53793). Centers for Medicare and Medicaid Services website. http://www.cms.hhs.gov/mcd/search.asp. Published October 01, 2015 (revised November 09, 2023). Accessed June 14, 2024.
- 15. Van Damme S, Cosyns M, Deman S, Van den Eede Z, Van Borsel J. The Effectiveness of Pitch-raising Surgery in Male-to-Female Transsexuals: A Systematic Review. *J Voice*. 2017;31(2):244.e1 to 244.e5. doi:10.1016/j.jvoice.2016.04.002
- 16. Mahfouda S, Moore JK, Siafarikas A, et al. Gender-affirming hormones and surgery in transgender children and adolescents. *Lancet Diabetes Endocrinol*. 2019;7(6):484 to 498. doi:10.1016/S2213-8587(18)30305-X
- 17. Butler RM, Horenstein A, Gitlin M, et al. Social anxiety among transgender and gender nonconforming individuals: The role of gender-affirming medical interventions. *J Abnorm Psychol*. 2019;128(1):25 to 31. doi:10.1037/abn0000399
- 18. Ferrando C. Gender-affirming surgery: Male to female. UpToDate. www.uptodate.com. Published April 03, 2024. Accessed June 10, 2024.
- 19. Ferrando C, Zhao LC, Nikolavsky D. Gender-affirming surgery: female to male. UpToDate. www.uptodate.com. Published January 04, 2024. Accessed June 10, 2024.
- 20. Leibowitz SF. Assessment of Transgender and Gender-Diverse Adolescents: Incorporating the World Professional Association of Transgender Health Standard of Care 8th Edition. *Child Adolesc Psychiatr Clin N Am.* 2023;32(4):707-718. doi:10.1016/j.chc.2023.05.009
- 21. Revised Code of Washington State (RCW) 48.43.0128. https://app.leg.wa.gov/rcw/default.aspx?cite=48.43.0128 Accessed August 12, 2024.
- 22. Washington State Administrative Code (WAC) 284-43-3070 (2)(h) and (4). https://apps.leg.wa.gov/wac/default.aspx?cite=284-43-3070 Accessed August 12, 2024.

Important Reminder

This clinical policy has been developed by appropriately experienced and licensed health care professionals based on a review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by this clinical policy; and other available clinical information. The Health Plan makes no representations and accepts no liability with respect to the content of any external information used or relied upon in



developing this clinical policy. This clinical policy is consistent with standards of medical practice current at the time that this clinical policy was approved. "Health Plan" means a health plan that has adopted this clinical policy and that is operated or administered, in whole or in part, by Centene Management Company, LLC, or any of such health plan's affiliates, as applicable.

The purpose of this clinical policy is to provide a guide to medical necessity, which is a component of the guidelines used to assist in making coverage decisions and administering benefits. It does not constitute a contract or guarantee regarding payment or results. Coverage decisions and the administration of benefits are subject to all terms, conditions, exclusions and limitations of the coverage documents (e.g., evidence of coverage, certificate of coverage, policy, contract of insurance, etc.), as well as to state and federal requirements and applicable Health Plan-level administrative policies and procedures.

This clinical policy is effective as of the date determined by the Health Plan. The date of posting may not be the effective date of this clinical policy. This clinical policy may be subject to applicable legal and regulatory requirements relating to provider notification. If there is a discrepancy between the effective date of this clinical policy and any applicable legal or regulatory requirement, the requirements of law and regulation shall govern. The Health Plan retains the right to change, amend or withdraw this clinical policy, and additional clinical policies may be developed and adopted as needed, at any time.

This clinical policy does not constitute medical advice, medical treatment or medical care. It is not intended to dictate to providers how to practice medicine. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members/enrollees. This clinical policy is not intended to recommend treatment for members/enrollee. Members/enrollees should consult with their treating physician in connection with diagnosis and treatment decisions.

Providers referred to in this clinical policy are independent contractors who exercise independent judgment and over whom the Health Plan has no control or right of control. Providers are not agents or employees of the Health Plan.

This clinical policy is the property of the Health Plan. Unauthorized copying, use, and distribution of this clinical policy or any information contained herein are strictly prohibited. Providers, members/enrollees and their representatives are bound to the terms and conditions expressed herein through the terms of their contracts. Where no such contract exists, providers, members/enrollees and their representatives agree to be bound by such terms and conditions by providing services to members/enrollees and/or submitting claims for payment for such services.

Note: For Medicaid members/enrollees, when state Medicaid coverage provisions conflict with the coverage provisions in this clinical policy, state Medicaid coverage provisions take precedence. Please refer to the state Medicaid manual for any coverage provisions pertaining to this clinical policy.

©2016 Centene Corporation. All rights reserved. All materials are exclusively owned by Centene Corporation and are protected by United States copyright law and international



copyright law. No part of this publication may be reproduced, copied, modified, distributed, displayed, stored in a retrieval system, transmitted in any form or by any means, or otherwise published without the prior written permission of Centene Corporation. You may not alter or remove any trademark, copyright or other notice contained herein. Centene[®] and Centene Corporation.

Corporation are registered trademarks exclusively owned by Centene Corporation.