



Long-Acting Medicines

What Are Long-Acting Medicines?

Long-acting medicines (LAMs) release medicine slowly over time, which can remove the need to take pills every day and reduce the side effects you may experience. For people with schizophrenia, LAMs are a treatment option that can increase the control they have over their illness and improve their quality of life. Many LAMs can be taken once a month, while others may be taken less often.

What Are the Benefits of LAMs?

There are many benefits to LAMs, including the following:

- You may experience fewer side effects than you would with daily medicine.
- LAMs are better at reducing symptoms than pills.
- You get more consistent doses of medicine with LAMs.
- There is no need to remember to take a pill every day.

LAMs can also:

- Lower your risk of hospitalization.
- Make it easier to take your medicine consistently.
- Reduce psychosis episodes.

How Do I Get Started with LAMs?

- Let your doctor know you are interested in LAMs.
- Work with your doctor to create a treatment plan.
- Ask your doctor where to go for your LAMs.



Questions?

We're here to help. If you have questions about the above information, let us know. You can call us at 1-877-617-0390 (TTY: 1-877-617-0392).