



# What to Do During an Opioid Overdose

If taken differently than prescribed, opioids can be life threatening. However, a quick response to an opioid overdose by administering naloxone and calling for medical help may help save someone's life.

## Know the Signs of an Opioid Overdose

It may be hard to tell if a person is experiencing an overdose. If you aren't sure, it's best to treat it like an overdose.

Here are some signs and symptoms of an opioid overdose:

- Nodding off
- Extreme tiredness
- Slow/no breathing
- Limp arms/legs
- Purple lips/fingernails
- Sounds of distressed breathing or gurgling
- Very small pupils
- Shortness of breath
- Unconsciousness
- Pale skin
- Unresponsive to voice or touch



An opioid overdose is very dangerous. Call 911 if you think someone could be having an overdose. After calling 911, give the person naloxone.

## What Is Naloxone and How Can it Help?

Naloxone is a medication used to reverse an opioid overdose. It can help a person start breathing again if they are having an opioid overdose. At times, it can have unpleasant side effects. Sometimes it may need to be given multiple times in severe overdoses. It's important to ask your pharmacist or doctor how and when to use naloxone.

## Additional Support

We're here to help with additional tools and local resources. Please contact us by calling **1-877-617-0390 (TTY: 1-877-617-0392)**.

### SAMHSA National Helpline:

1-800-662-HELP (4357)  
[www.samhsa.gov/find-help/national-helpline](http://www.samhsa.gov/find-help/national-helpline)

### SAMHSA Treatment Locator:

[www.samhsa.gov/find-treatment](http://www.samhsa.gov/find-treatment)



## Forms of Naloxone

Naloxone comes in three forms: injectable, auto-injectable, and prepackaged nasal spray.

Product	Dose	Details of Use	Cost
<b>Evzio</b> (and generic)	2 mg	Voice instructions. Can be injected into leg muscle through clothes	\$\$\$
<b>Naloxone</b> (Multi-Use Vial)	1 ml (0.4mg/ml)	Needs to be drawn up with a needle and syringe; injection into leg or shoulder muscle	\$\$
<b>Naloxone</b> (Single Use with Mucosal Atomizing Device )	2 mg	Requires assembly of unit, then inserted and deployed into the nostril	\$
<b>Narcan Nasal Spray</b>	4 mg	Insert in nose and deploy	\$\$

## Where to Get Naloxone

- Many police officers and paramedics now carry naloxone
- Your doctor may prescribe it to you
- A pharmacist may be able to give you naloxone

## Questions?

Your doctor or pharmacist can answer any questions about naloxone. You may need it if:

- You take opioids
- Someone you know takes opioids
- Your child or someone else accidentally takes an opioid
- You or someone you know has overdosed before



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